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Sleep HealthCenters to Open New Sleep Medicine Center in Worcester to Serve Growing Need in Area

WORCESTER, Mass.--(BUSINESS WIRE)--Aug. 7, 2006--

Affiliation with UMass Memorial Medical Group and Chadwick Medical Associates Improves Access to Comprehensive Sleep Medicine Services

Sleep HealthCenters[®], a network of specialized sleep medicine centers and the largest provider of such services in Massachusetts, announces that it has opened a new Sleep HealthCenter in Worcester, affiliated with both UMass Memorial Medical Group and Chadwick Medical Associates. The new facility will serve patients with sleep problems such as insomnia, obstructive sleep apnea (OSA), narcolepsy, restless legs syndrome and more. Sleep-related problems can seriously impact a person's quality of life, but can be diagnosed and treated at the new center, which is located at the Chadwick-Grove Medical Center, 385 Grove Street, Worcester.

The Medical Director of the Sleep HealthCenter affiliated with UMass Memorial Medical Group is Dr. Stacia Sailer and the Associate Medical Director is Dr. Steven Davis. Dr. Davis states, "This relationship will allow us to reach more patients in need of specialized sleep services in the Worcester area. Dr. Sailer and I look forward to working with Sleep HealthCenters at this new facility."

Lawrence Epstein, MD, Medical Director of Sleep HealthCenters and immediate past president of the American Academy of Sleep Medicine, concurs, "Our commitment to bringing quality sleep medicine to the greatest number of people has brought us to the Worcester area. More and more people are becoming aware that they may have a sleep problem. At our new facility we will be able to provide the highest level of care and the most comprehensive sleep services while allowing people to stay close to home."

The National Sleep Foundation reports that almost 70 million people in the U.S. are affected by a sleep problem, with about 40 million suffering from a chronic sleep disorder. In fact, one in three American adults experiences some kind of sleep problem. Anyone can have a sleep disorder -- people in their 20's, as well as those in middle age and older. Sleep deprivation can affect every aspect of a person's life, and, if not treated, can put some people at great risk of other health problems.

Dr. Robert Maloney, Medical Director of Chadwick Medical Associates states, "We are thrilled to now include sleep medicine in our menu of easy access patient services." The new Sleep HealthCenter in Worcester has four sleeping rooms where sleep studies are conducted in a noise-free environment. Experienced Sleep HealthCenters technicians use state-of-the-art diagnostic technology to conduct all sleep studies. Services offered at the new Worcester center include sleep diagnostics, physician consultations, treatment including PAP (Positive Airway Pressure) set ups for obstructive sleep apnea (OSA) patients, patient monitoring and education. Follow-up is included to ensure individuals continue to have success with their treatment plans.

Sleep HealthCenters maintains close contact with a patient's own referring physician throughout the entire process of evaluation and treatment, providing reports on a regular basis. Services are covered by most medical insurance plans.

Paul S. Valentine, President and Chief Executive Officer of Sleep HealthCenters, said, "We are very excited to work with the sleep specialists at UMass Memorial Medical Group, with whom we have such great respect. As the leading sleep medicine company in Massachusetts, we are in an excellent position to continue to expand into other areas of the state, as we have now done in Worcester. We feel privileged that this new partnership and facility will allow us to help more people find specialized sleep medicine services in the Worcester area."

Sleep HealthCenters is also affiliated with the Brigham & Women's Hospital, Beth Israel Deaconess Medical Center, Faulkner Hospital, Hallmark Health, McLean Hospital, and New England Sinai Hospital and Rehabilitation Center. To inquire about services at the Sleep HealthCenter affiliated with UMass Memorial Medical Group, call 877-SLEEPHC (877-753-3742). To learn more about Sleep HealthCenters, visit www.sleephealth.com.

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