

May 03, 2005 09:31 AM US Eastern Timezone

Sleep HealthCenters in Malden Adds New Clinic to Expand Patient Services for Those with Sleep Disorders

MALDEN, Mass.--(BUSINESS WIRE)--May 3, 2005--

Provides Patients with Convenient Local Clinical Evaluation, Treatment, Follow-up

Sleep HealthCenters[®], a network of specialized sleep medicine centers and the largest provider of such services in Massachusetts, has announced it has expanded its Malden Sleep HealthCenter affiliated with Hallmark Health. The addition of the new four-room clinic enables the Malden Sleep HealthCenter to provide a full range of services for patients suspected of having sleep disorders. The facility is located at 100 Hospital Road on the third floor of the Malden Medical Center.

With the addition of the new clinic, the Malden Sleep HealthCenter now offers comprehensive sleep medicine services, from diagnosis to treatment and follow-up. Services offered at the new clinic include physician consults, set ups for special equipment for obstructive sleep apnea (OSA) patients, such as CPAP (Continuous Positive Airway Pressure) devices, patient monitoring and education.

The center is staffed by experts in the field of sleep medicine, headed by Medical Director Dr. Lawrence Epstein. Dr. Kelly Carden is Associate Medical Director of the sleep clinic, joined by Dr. Jonathan Strongin and Margaret Trussler, nurse practitioner.

Patients with any type of sleep disorder, including insomnia, OSA, excessive daytime sleepiness, and restless legs syndrome can be evaluated and treated at the Malden facility. Yocasta Valdez, who recently had a sleep study done at the Malden Sleep HealthCenter, said she was very pleased that she will now be able to receive her follow-up care right in town, rather than needing to travel elsewhere. "The new clinic is going to be so convenient for me, as well as other people who live in the Malden area," she said. "I had a great experience when I had my sleep study done at the Malden lab. I look forward to enjoying the same level of help and service at the new clinic."

Dr. Sheldon Randall, who practices at Lawrence Memorial Hospital, is Medical Director of that hospital's Weight Management Program, and is a general and bariatric surgeon, refers his patients to the Malden Sleep HealthCenter for diagnosis of suspected sleep disorders. He commented, "The sleep lab is a great resource for local patients, as well as for the bariatric population in identifying sleep apnea prior to surgery. This is very important, because, if not diagnosed and treated, this group is at great risk of other health problems. The clinic will make follow-up care very easy for them."

The Medical Director of the Malden Sleep HealthCenter, Dr. Epstein, added, "We are very excited that we can now offer patients with sleep problems comprehensive, all-in-one services here in Malden. Our clinicians are highly trained, very experienced in the treatment of sleep disorders, and have access to the most up-to-date tools and information available."

Sleep HealthCenters maintains close contact with a patient's own referring physician throughout the entire process, providing reports on a regular basis. Services are covered by most medical insurance plans.

Sleep HealthCenters has other locations throughout eastern Massachusetts and is affiliated with the Brigham & Women's Hospital, Beth Israel Deaconess Medical Center, McLean Hospital, and

Faulkner Hospital, as well as Hallmark Health. To inquire about services at the Malden Sleep HealthCenter, call 877-SLEEPHC (877-753-3742). To learn more about Sleep HealthCenters, visit www.sleephealth.com.

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