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FOR IMMEDIATE RELEASE

Sleep HealthCenters Brings All-Inclusive Sleep Care to Tucson

Tucson, AZ—November 28, 2011 Sleep HealthCenters, a network of 24 comprehensive sleep medicine centers accredited by the American Academy of Sleep Medicine, has opened its newest location at 5983 East Grant Road in Tucson. The four-bed, full-service sleep medicine center provides area physicians the only comprehensive solution to diagnose, treat and care for patients with sleep disorders in a single location in the Tucson area.

“We are pleased to bring Tucson patients a comprehensive all-inclusive sleep medicine solution in one location,” said Paul Valentine, CEO of Sleep HealthCenters. “We look forward to providing the highest level of sleep medicine care to Tucson area individuals concerned about their sleep.”

Sleep HealthCenters has provided sleep care in the Phoenix area since 2005 led by Rochelle Goldberg, Arizona physician and Sleep HealthCenters’ Regional Medical Director. In addition to conducting sleep studies, Sleep HealthCenters provides physician consults, patient monitoring, patient education, and follow-up care for Obstructive Sleep Apnea (OSA) patients including Continuous Positive Airway Pressure (CPAP) devices.

“Sleep disorders often go undiagnosed and can greatly impair a person’s wellbeing,” said Medical Director Stuart Quan. “We can provide expert clinical diagnoses and customized treatments that will help our patients get the most of their sleep.”

According to the National Sleep Foundation’s website, the number of scientific studies showing correlations between poor and insufficient sleep and other diseases is rising. Cardiovascular disease, diabetes and stroke have all been linked to a lack of sleep or poor sleep.

Sleep HealthCenters' National Services Group provides sleep medicine services to regional and national health providers, employers and insurance carriers. Each year, more and more companies are implementing sleep health assessment, diagnosis and treatment programs to improve the health, performance and safety of their employees. Effective sleep health programs are proven to lower healthcare costs and fatigue-related accidents, which improve employee performance and retention. These services are also offered in the Tucson area.

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