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FOR IMMEDIATE RELEASE

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Record number attend North East Sleep Society 2009

(BOSTON, MA – MARCH 23, 2009) A record number of sleep technicians, physicians and respiratory therapists attended the North East Sleep Society's annual meeting, NESS 2009, held last month at the Newton Marriott. The two-day event, sponsored by Sleep HealthCenters featured 28 speakers including Dr. Charles A. Czeisler, Director of the Division of Sleep Medicine at Harvard Medical School and Chief of the Division of Sleep Medicine in the Department of Medicine at Brigham and Women's Hospital in Boston.

Other speakers included Dr. M. Susan Esther, President of the American Academy of Sleep Medicine and Stuart F. Quan, visiting professor of Sleep Medicine at Harvard Medical School, who spoke on "Conclusions from the Sleep Heart Health Study".

Founded in 1985, the North East Sleep Society (NESS) is a non-profit educational organization designed to meet the educational needs of those involved in the care of patients with sleep disorders. The annual meeting was designed to foster regional networking as well as offer an opportunity for participants to present the latest innovations in the study of sleep disorders in a relaxed, less formal setting.

As sponsor of the annual event, Sleep HealthCenters developed the program content as well as managed the details of the event itself. Sleep HealthCenters is a network of sleep medicine specialty centers and the largest provider of such services in Massachusetts.

Sleep HealthCenters provides comprehensive diagnostic and treatment services, including physician consults, special equipment for OSA patients, such as CPAP (Continuous Positive Airway Pressure) devices, patient monitoring, patient education, and follow-up care. Comprehensive, diagnostic sleep studies are conducted in state-of-the-art diagnostic bedrooms.

For more information on Sleep HealthCenters, contact Jill Nash at Sleep HealthCenters at 781-340-3336.