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## FOR IMMEDIATE RELEASE

### **Sleep HealthCenters at Milton Hospital Receives Accreditation from American Academy of Sleep Medicine**

**Milton, MA—October 5, 2011** Sleep HealthCenters, a network of specialized sleep medicine centers and the largest provider of such services in New England, announces their Milton Hospital location has received accreditation by the American Academy of Sleep Medicine(AASM).

AASM accreditation is the gold standard by which the medical community and the public can evaluate sleep medicine services. The AASM is a professional organization that ensures that sleep medicine centers maintain the highest level of standards within their facility. An accredited sleep disorders program is a significant resource to the local medical community and public.

While at Sleep HealthCenters, patients are provided with comprehensive diagnostic and treatment services, including sleep studies, physician consultations, special equipment for OSA patients, such as sleep therapy devices, patient monitoring, patient education and follow-up care in a single location. It is estimated that insomnia, obstructive sleep apnea (OSA), narcolepsy, excessive daytime sleepiness and restless legs syndrome plague an estimated 40 million Americans.

Paul S. Valentine, Sleep HealthCenters' Chief Executive Officer said, "We believe that locally-delivered quality care is a necessary requirement in healthcare today. Sleep HealthCenters is committed to remaining in the forefront of sleep medicine with continued involvement in clinical, academic, research and development activities."

Milton Hospital's Hesameddin Karimeddy, MD is board certified in Critical Care Medicine, Internal Medicine, Pulmonary Disease and Sleep Medicine and is the Medical Director.

If you are experiencing difficulty sleeping, talk to your primary care physician about a sleep study referral. For more information, call 1.877.SLEEPHC (877.753.3742) or visit [www.sleephealth.com](http://www.sleephealth.com).