

NEWS RELEASE

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Marlborough Hospital and Sleep HealthCenters® Partner on Sleep Clinic

Marlborough, MA (February 11, 2008) ----- Sleep HealthCenters and Marlborough Hospital have recently entered into an agreement to bring expanded and improved sleep health services to the Marlborough area.

The two organizations completed an affiliation agreement to create a comprehensive sleep medicine program to diagnose and treat individuals with sleep disorders.

The new Sleep HealthCenter affiliated with Marlborough Hospital opened January 17 with a sleep diagnostic laboratory located at the Embassy Suites, 123 Boston Post Road West, Marlborough, MA. Each diagnostic bedroom includes a private bath and all the amenities of the hotel including a complimentary hot breakfast buffet.

Sleep HealthCenters opened a sleep medicine clinic on February 8 in the Marlborough Hospital Medical Office Building, 159 Union Street, suite 102 offering services for patients with all types of sleep disorders, including insomnia, obstructive sleep apnea (OSA), narcolepsy, excessive daytime sleepiness, and restless legs syndrome. Services will include medical consultations, treatment options including CPAP (continuous positive airway pressure), education and follow-up care.

“Marlborough Hospital is pleased to be able to provide this service for the health care needs of our community,” said John Polanowicz, Marlborough Hospital, president and CEO. “We are impressed with the customer service and expertise that Sleep HealthCenters brings to our area.”

It is estimated that at least 40 million Americans suffer from sleep disorders such as OSA, insomnia, narcolepsy, restless legs syndrome, and others. Untreated sleep disorders can contribute to serious health problems such as obesity, diabetes, high blood pressure, cardiovascular disease and stroke.

(MORE)

Sleep disorders can also affect work performance and quality of life and can be a significant risk factor in accidents.

Paul S. Valentine, Sleep HealthCenters' CEO and President, commented, "Consumers and the medical community are recognizing the need for better sleep and the related connections to improved health. This exciting affiliation will bring a state-of-the-art, comprehensive sleep medicine program to the Marlborough area. We look forward to working with the clinical and administrative staff at Marlborough Hospital to provide high-quality patient care to those individuals who need our services."

Marlborough Hospital provides patients with health care of the highest quality. Served by a medical staff of more than 300 primary care physicians and specialists, the hospital provides a wide range of inpatient and outpatient medical, surgical and ancillary services, including oncology, laboratory, diagnostic imaging, physical therapy, cardiac rehabilitation, inpatient and outpatient mental health services, as well as diabetes education and management.

Sleep HealthCenters has 13 other locations throughout eastern Massachusetts and one in New York and is affiliated with Brigham and Women's Hospital, Beth Israel Deaconess Medical Center, Faulkner Hospital, Hallmark Health, Massachusetts Eye and Ear Infirmary, McLean Hospital, New England Sinai Hospital, Southcoast Hospitals Group, UMass Memorial Medical Group, and Beth Israel Medical Center in New York.

To inquire about services at the Sleep HealthCenter affiliated with Marlborough Hospital, call 877-SLEEPHC (877-753-3742). More information is available at Sleep HealthCenters' website at www.sleephealth.com or Marlborough Hospital's website at www.marlbroughhospital.org.

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