



Contact:

Robin Gordon, 781-340-3336 x117
robin_gordon@sleephealth.com
www.sleephealth.com

FOR IMMEDIATE RELEASE

Sleep HealthCenters Broadens Agreement with Faulkner Hospital

Boston, MA—February 17, 2011 Sleep HealthCenters has recently expanded its collaboration agreement with Faulkner Hospital and Brigham and Women’s Physicians Organization to jointly promote the existing sleep medicine program at Faulkner Hospital. Sleep HealthCenters will continue to work with Faulkner Hospital and Brigham and Women’s Physicians Organization (BWPO) by providing comprehensive sleep medicine services. The expanded collaboration will include sleep health education, physician training and programs to increase patient awareness of sleep disorders within the community.

For the past six years, the sleep program at the Faulkner Hospital has provided coordinated diagnosis, medical and follow-up services to those suffering from sleep disorders. These integrated services include physician consults, patient education and follow-up care for Obstructive Sleep Apnea (OSA) patients including Continuous Positive Airway Pressure (CPAP) devices. In addition to polysomnographic sleep testing, patients also receive EEG testing in order to rule out neurological disorders. These services will continue to be offered to the BWPO network.

“Sleep disorders, although neurologically based, are often overlooked,” said Martin A. Samuels, MD, Chairman of the Department of Neurology for the Brigham and Women’s Physicians Organization. “Once identified, we can address them with a focused therapeutic approach.”

According to the National Sleep Foundation’s website, the number of scientific studies showing correlations between poor and insufficient sleep and other diseases is rising. Cardiovascular disease, diabetes and stroke have all been linked to a lack of sleep or poor sleep.

“Sleep medicine is critical to the overall health and well-being of individuals,” said Paul Valentine, CEO of Sleep HealthCenters. “We hope that more hospitals and physicians recognize the impact sleep disorders can have as they manage their patients’ long term care.”

Sleep HealthCenters is the largest provider of comprehensive sleep services in New England. Sleep HealthCenters created *SleepandYou.com*, an educational website providing information about sleep, sleep disorders and issues impacting sleep.

The Sleep HealthCenter at Faulkner Hospital is located at 1153 Centre Street in Jamaica Plain. Faulkner Hospital is a clinical affiliate of Brigham and Women’s Hospital.

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