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FOR IMMEDIATE RELEASE

Sleep HealthCenter of Cumberland Receives Accreditation from American Academy of Sleep Medicine

Cumberland, RI—April 22, 2010 Sleep HealthCenters, a network of specialized sleep medicine centers and the largest provider of such services in New England, announces the Sleep HealthCenter of Cumberland, Rhode Island has received accreditation by the American Academy of Sleep Medicine(AASM).

AASM accreditation is the gold standard by which the medical community and the public can evaluate sleep medicine services. The AASM is a professional organization that ensures that sleep medicine centers maintain the highest level of standards within their facility. An accredited sleep disorders program is a significant resource to the local medical community and public.

While at Sleep HealthCenters, patients are provided with comprehensive diagnostic and treatment services, including sleep studies, physician consultations, special equipment for OSA patients, such as sleep therapy devices, patient monitoring, patient education and follow-up care in a single location. It is estimated that insomnia, obstructive sleep apnea (OSA), narcolepsy, excessive daytime sleepiness, and restless legs syndrome plague an estimated 40 million Americans.

Paul S. Valentine, Sleep HealthCenters' Chief Executive Officer said, "We believe that locally-delivered quality care is a necessary requirement in healthcare today. Sleep HealthCenters is committed to remaining in the forefront of sleep medicine with continued involvement in clinical, academic, research, and development activities."

Regional Medical Director Dr. Tilak K. Verma is board certified in Critical Care Medicine, Internal Medicine, Pulmonary Disease and Sleep Medicine. He comments, "As evidenced by this accreditation, our center provides a high-quality, comprehensive sleep medicine program including evaluation,

diagnostics, treatment and long-term management for all sleep disorders necessary for the increased demand in the Cumberland area."

Dr. Verma will be speaking on Sleep Apnea Awareness on Thursday evening, April 29 at the Cumberland Public Library at 6:30 PM. All are welcome to attend.

For more information, call 1.877.SLEEPHC (877.753.3742) or visit www.sleephealth.com.

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